



40



DAYS

OF

PRAYER

FOR THE CITY
IN THE CITY
BY THE CITY



www.prayseattle.org

 [prayseattle](https://www.instagram.com/prayseattle)

pray **seattle**



LENTEN PRAYER

40 days of citywide prayer

Join the collective movement of churches, organizations, and individuals all across Seattle united in 40 days of Prayer for our city. We all have one desire, to see a ripple of renewal and revival in Seattle and beyond.

How to use this prayer booklet

Through a collaborative grassroots movement, thousands of believers across our city are committing to pray for Seattle, its people, churches, government, and institutions during the 40 Days of Lent leading up to Easter Sunday. Lent is traditionally a time of prayer and fasting as Christians look to the living hope found in the resurrection of Jesus Christ. We invite you to join others across the city to pray for Jesus to be exalted, the church to be united, our city to be transformed, and individuals to have a life-changing encounter with Christ. Here's how you can participate:

6 THEMES

Each week we will be praying together through a different theme rooted in scripture. You can use these themes to guide your own prayer time, as a church, small group, family, or individual. There is also a space to write down some of your own inspired thoughts as you pray.

Week 1 - Pray for the **Church**

Week 2 - Pray for **Youth and Families**

Week 3 - Pray for the **Government & Civil Authorities**

Week 4 - Pray for the **Business Community**

Week 5 - Pray for the **Education System**

Week 6 - Holy Week - Pray for the **Lost and Hurting**

6 PRAYER ROOMS

Each week there will be an open prayer room in a different part of the city. This is an opportunity for you or a group to come and pray in a sacred space. These rooms will be hosted by churches, nonprofits and public venues. They represent the diverse locales of our city. For the address and open hours of each prayer room, visit prayseattle.org.

PRAYER RHYTHMS

There are numerous prayer opportunities happening all throughout the city, hosted by various churches and ministries. Feel free to participate in any of these rhythms throughout the season of Lent.

