

FOSTERING HOPE

Equipping foster youth & families to thrive!

Here are ways you can become a partner in our work:

- Pray intentionally with our Fostering Hope Prayer Cards
- Give at ffmc.org/give - select "Set Free/Fostering Hope"
- Donate gently used furniture & home goods at <https://fosteringhopeseattle.org/help/>
- Give needed items from our Amazon Wishlist at <http://tinyurl.com/FHAmazonwishlist>
- Shop from the monthly list provided at FFMC
- Volunteer at our 3rd Tuesday Foster Family Support Group - email hannah@ffmc.org
- Volunteer to help with inventory in our Supply Room - email fosteringhopeseattle@gmail.com

GLOBAL & LOCAL MISSIONS

FFMC has a strong commitment to support our global and local partners through our prayers and financial giving. Learn about world missions prayer needs at www.fmwm.org/pray. Support our partners by selecting "Global Missions" or "Local Missions" when you give. We have the amazing opportunity to experience the blessing of partnership in their holistic ministries, both in our city and around the world. Find a list of our mission partners on our website at ffmc.org/partners

TITHES

You can help Love, Connect, and Serve at FFMC safely and securely by giving online (Credit Card/Apple Pay/Google Pay): [FFMC.org/give](https://ffmc.org/give) or through the FFMC App

Checks can be mailed to:
3200 3rd Ave. W.
Seattle, WA 98119



**LOVE
PEOPLE
CONNECT
TO JESUS
SERVE
THE WORLD**



May 5, 2024

**FFMC.ORG OFFICE@FFMC.ORG
(206) 535-2075**

REV. DR. DOUG STRONG

GUEST PREACHER

Rev. Dr. Doug Strong is the Paul T. Walls Professor of Wesleyan Studies and the History of Christianity at SPU. Prior to his current position, he was the founding dean of Seattle Pacific Seminary, and before that, a professor and Associate Dean at Wesley Seminary in Washington, D.C. He is a graduate of Houghton College and Princeton Theological Seminary. Doug is married to Cindy and the father of two adult sons, Tim and Nate.

NEW YOUNG ADULT SMALL GROUP

Named Abundant Life (John 10:10 & Ephesians 3:20), our group is for ages post high school to early thirties. We are currently studying the Gospel of John. Come check us out in Upper Fine room C following sanctuary worship, and you will be blessed!

BAPTISM SUNDAY

May 19 during Sanctuary Worship

First Free is celebrating the sacrament of baptism. If you would like more information about baptism, please complete the registration at [FFMC.org/events](https://ffmc.org/events). Registering is not a commitment to be baptized. Once registered, a member of the Pastoral Team will contact you.

GRADUATE SUNDAY

June 2nd during sanctuary worship

First Free is honoring high school and college graduates on Sunday, June 2, 2024 during the 10:00 a.m. worship service. If you have a family member graduating, please register to let us know at [FFMC.org/events](https://ffmc.org/events). There will be a reception with refreshments after worship in the Upper Fine Center.

NEW MEMBER CLASS

June 9th following worship

Join Pastor Craig in learning more about FFMC and what being a member is all about. Coming to the class is not a commitment to join FFMC, but an expression of interest. We will have lunch, discussion, and learning together. Please register at [FFMC.org/events](https://ffmc.org/events).

KIDS CAMP

Kids Camp exists to empower spiritual formation and community in our children (nursery - 5th grade) by teaching them who God is, encouraging them to follow Jesus, to love God, and to love people. Kids Camp and the nursery are open during the 10 a.m. service. Please check in at the Kids Camp entrance, greeters are happy to offer directions. Children must be picked up in Kids Camp by a parent or guardian at the time of release.

For more information about Kids Camp or volunteer inquiries please contact Hannah@ffmc.org

YOUTH GROUP

FFMC Youth meets every Wednesday from 6:30pm-8:30pm. If you are in middle school or high school, join us for fun, games, and time to grow deeper with Jesus. For more information, please contact Jayde@ffmc.org.

SUNDAY GROUPS

FFMC offers weekly groups to help answer questions, build community, and grow in the faith (ffmc.org/groups). Groups meet following worship in the Upper Fine Center.

- Koinonia
- Samaritans
- Abundant Life (young adult group)

CONNECT WITH FFMC

- Check out our Website at: [FFMC.org](https://ffmc.org)
- Sign up for our Newsletter at: [FFMC.org/Newsletter](https://ffmc.org/Newsletter)
- Find us by searching FFMC on the App Store, Google Play Store, Facebook & Instagram
- We also offer a blog at [FFMC.org/blog](https://ffmc.org/blog) and a podcast at [FFMC.org/Podcast](https://ffmc.org/Podcast)
- Need "assisted listening" during the worship service? Check with a greeter in the foyer to borrow a listening device