

WAY OF DISCIPLESHIP

First Free Methodist Church is committed to making disciples of Jesus Christ who live these practices:

- PRAYING - Commitment to time with God
- PRAISING - Commitment to worship
- GROWING - Commitment to spiritual growth together
- GIVING - Commitment to generosity
- SERVING - Commitment to love people as Jesus calls us
- SHARING - Commitment to tell our story of Jesus
- RENEWING - Commitment to care for ourselves

SERVE THE WORLD

FOSTERING HOPE

Partner with us in equipping foster youth & families to thrive!

- Pray intentionally & give at ffmc.org/give
- Shop the monthly top 10 list provided at ffmc.org
- Donate furniture & home goods
- Give items from our Amazon Wishlist
- Volunteer with our support group or Supply Room



<https://fosteringhopeseattle.org/help/>

GLOBAL & LOCAL MISSIONS

Our FFMC ONE Ministry Fund supports the mission work of our Local and Global partners with \$81,333. Your gifts to the ONE Ministry Fund and prayers for these partners are essential as they tangibly share the love of Jesus.

Global Partners:

- Hany and Joanne-Middle East
- Ricardo Gomez-Impact Latin America
- Eric Spangler-Asia
- Tanya Mendakoff-Ukraine & Russia
- Terry McGill-Sister Schools-Uganda
- Dave & Donna Jacobsson-Congo
- Suzanne Emery-Mesa Global
- Phyllis Sortor-Nigeria
- Kevin Austin-Set Free Ministries

Local Partners:

- REST (Real Escape from Sex Trade)
- Tacoma Free Methodist Church Plant
- Penny's Place
- Queen Anne Helpline
- Operation Nightwatch

LOVE
PEOPLE
CONNECT
TO JESUS
SERVE
THE WORLD



October 20, 2024

FFMC.ORG OFFICE@FFMC.ORG
(206) 535-2075

EVENTS

CONNECT WITH FFMC

- Download the FFMC app with this QR code
- Website: ffmc.org
- Newsletter: ffmc.org/newsletter
- Podcast: ffmc.org/podcast
- Blog: ffmc.org/blog
- Facebook/Instagram: [seattleffmc](https://www.facebook.com/seattleffmc)
- YouTube: [@firstfreemethodistchurch206](https://www.youtube.com/@firstfreemethodistchurch206)



Get the app

ALL SAINTS SUNDAY

Sunday, November 3 at 10:00 am

All Saints is an opportunity to give thanks for those in First Free's faith family who have passed on and gone before us in the faith.

SUNDAY CAFE

Sunday, November 3 following worship

Join us in the upper Fine Center for some sweet treats and fellowship following worship.

MODERN WORSHIP TEAM

Are you interested in joining the worship band? Do you play an instrument or love to sing and have a heart for worship? Contact lisa@ffmc.org for more information.

SING WITH THE CHOIR

The choir rehearses weekly on Wednesday evenings. Come give us a try for a week or two! Contact Scott at scott@ffmc.org for more information

VOLUNTEER WITH US

- Sunday Serve Teams
- Worship Team
- Tech Team
- First Free Kids
- Youth Group Dinners
- Foster Family Support Group
- University Internships

ffmc.org/teams

WEEKLY MINISTRIES

FIRST FREE KIDS

Open Sunday during Worship 10am-11:30am

First Free Kids welcomes children (nursery - 5th grade) to follow Jesus, to love God, and to love people. Please check in at the First Free Kids entrance. For more information about First Free Kids or volunteer inquiries please contact firstfreekids@ffmc.org.

6th-12th GRADE YOUTH GROUP

Wednesdays 6:30-8:30 pm - dinner included!

To find out more about joining youth group or how to support this ministry, check out FFMC.org/youth.

SUNDAY GROUPS

- Abundant Life Young Adult Group - post high school-early 30s interactive Bible study
- Koinonia - Building community through group discussion and prayer
- Samaritans - Led by guest teachers focused on Bible study, faith, and outreach



All groups meet in the Fine Center following the service. Scan the QR code to the right or navigate to ffmc.org/groups to learn more.

ConneXt GROUPS

ConneXt Groups, consisting of 6-8 people, intentionally grow our discipleship while sharing life together. Find open groups and meeting times using the QR code.



GIVING

Give securely through the FFMC App
Or ffmc.org/give
(Credit Card/Apple Pay/Google Pay)

Checks can be mailed to:
3200 3rd Ave. W.
Seattle, WA 98119

