

WAY OF DISCIPLESHIP

First Free Methodist Church is committed to making disciples of Jesus Christ who live these practices:

- PRAYING - Commitment to time with God
- PRAISING - Commitment to worship
- GROWING - Commitment to spiritual growth together
- GIVING - Commitment to generosity
- SERVING - Commitment to love people as Jesus calls us
- SHARING - Commitment to tell our story of Jesus
- RENEWING - Commitment to care for ourselves

SERVE THE WORLD

FOSTERING HOPE

Partner with us in equipping foster youth & families to thrive!

- Pray intentionally & give at ffmc.org/give
- Shop the monthly top 10 list provided at ffmc.org
- Donate furniture & home goods
- Give items from our Amazon Wishlist
- Volunteer with our Foster Support Group or Supply Room

<https://fosteringhopeseattle.org/help/>



GLOBAL & LOCAL MISSIONS

Our FFMC ONE Ministry Fund supports the mission work of our Local and Global Partners with \$81,333. Your gifts to the ONE Ministry Fund and prayers for these partners are essential as they tangibly share the love of Jesus.

Global Partners:

- Hany and Joanne-Middle East
- Ricardo Gomez-Impact Latin America
- Eric Spangler-Asia
- Tanya Mendakoff-Ukraine & Russia
- Terry McGill-Sister Schools-Uganda
- Dave & Donna Jacobsson-Congo
- Suzanne Emery-Mesa Global
- Phyllis Sortor-Nigeria
- Kevin Austin-Set Free Ministries

Local Partners:

- REST (Real Escape from Sex Trade)
- Tacoma Free Methodist Church Plant
- Penny's Place
- Queen Anne Helpline
- Operation Nightwatch

LOVE
PEOPLE
CONNECT
TO JESUS
SERVE
THE WORLD



January 19, 2025

FFMC.ORG OFFICE@FFMC.ORG
(206) 535-2075

EVENTS

CONNECT WITH FFMC

- Download the FFMC app with this QR code
- Website: ffmc.org
- Newsletter: ffmc.org/newsletter
- Podcast: ffmc.org/podcast
- Blog: ffmc.org/blog
- Facebook/Instagram: [seattleffmc](https://www.facebook.com/seattleffmc)
- YouTube: [@firstfreemethodistchurch206](https://www.youtube.com/@firstfreemethodistchurch206)



Get the app

OFFICE CLOSURE

The FFMC office will be closed on Monday, January 20, for the Martin Luther King, Jr. holiday.

FREEDOM SUNDAY

Join us for Freedom Sunday, January 26th. We will worship with others around the world in the direction of holistic freedom. Freedom Sunday is a time to lament the tragedy of human trafficking within the appropriate context of worship as the Spirit leads us into hopeful responses. Following the service you are invited to a special open house in our Fostering Hope Supply Room on the 4th floor of the Wilson building. Come and see how your donations equip young adults as they age out of foster care.

TOWN HALL MEETING

Saturday, Feb 1 at 9:00 am

You are invited to hear the Leadership Team share options about FFMC's facilities, which will poise our church for the future. You may bring goodies to share at 9am. The meeting will start promptly at 9:15. Zoom will also be available. Register at ffmc.org/events

SUPER SERVER SUNDAY

Sunday, February 9

We are looking forward to this opportunity to recognize, during our worship service, the people who faithfully serve on different ministry teams throughout the year. Following the service, everyone is invited to a delicious celebration at our "Super Sunday Café," hosted by our FFMC Staff in the Fine Center.

WEEKLY MINISTRIES

FIRST FREE KIDS

Open Sunday during Worship 10am-11:30am

First Free Kids welcomes children (nursery - 5th grade) to follow Jesus, to love God, and to love people. Please check in at the First Free Kids entrance. For more information about First Free Kids or volunteer inquiries please contact firstfreekids@ffmc.org.

6th-12th GRADE YOUTH GROUP

Wednesdays 6:30-8:30 pm - dinner included!

To find out more about joining youth group or how to support this ministry, check out FFMC.org/youth.

SUNDAY GROUPS

- Abundant Life Young Adult Group - post secondary - early 30s interactive Bible study
- Koinonia - Building community through group discussion and prayer
- Samaritans - Led by guest teachers focused on Bible study, faith, and outreach



All groups meet in the Fine Center following the service. Scan the QR code or navigate to ffmc.org/groups to learn more.

ConneXt GROUPS

ConneXt Groups, consisting of 6-8 people, intentionally grow our discipleship while sharing life together. Find open groups and meeting times using the QR code or ffmc.org/connex.



GIVING

Give securely (Credit Card/Apple Pay/ Google Pay)

- FFMC App
- ffmc.org/give
- Text to give: text [ffmc98119](tel:ffmc98119) to 888.364.4483



Mail checks: 3200 3rd Ave W, Seattle, WA 98119