

WAY OF DISCIPLESHIP

First Free Methodist Church is committed to making disciples of Jesus Christ who live these practices:

- PRAYING - Commitment to time with God
- PRAISING - Commitment to worship
- GROWING - Commitment to spiritual growth together
- GIVING - Commitment to generosity
- SERVING - Commitment to love people as Jesus calls us
- SHARING - Commitment to tell our story of Jesus
- RENEWING - Commitment to care for ourselves

SERVE THE WORLD

FOSTERING HOPE

Partner with us in equipping foster youth & families to thrive!

- Pray intentionally & give at ffmc.org/give
- Shop the monthly top 10 list provided at ffmc.org/partners
- Donate furniture & home goods
- Give items from our Amazon Wishlist
- Volunteer with our Foster Support Group or Supply Room



<https://fosteringhopeseattle.org/help/>

GLOBAL & LOCAL MISSIONS

Our FFMC ONE Ministry Fund supports the mission work of our Local and Global Partners with \$81,333. Your gifts to the ONE Ministry Fund and prayers for these partners are essential as they tangibly share the love of Jesus.

Global Partners:

- | | |
|--------------------------------------|------------------------------------|
| • Hany and Joanne-Middle East | • Dave & Donna Jacobsson-Congo |
| • Ricardo Gomez-Impact Latin America | • Suzanne Emery-Mesa Global |
| • Eric Spangler-Asia | • Phyllis Sortor-Nigeria |
| • Tanya Mendakoff-Ukraine & Russia | • Kevin Austin-Set Free Ministries |
| • Terry McGill-Sister Schools-Uganda | |

Local Partners:

- | | |
|-------------------------------------|-----------------------|
| • REST (Real Escape from Sex Trade) | • Penny's Place |
| • Operation Nightwatch | • Queen Anne Helpline |

**LOVE
PEOPLE
CONNECT
TO JESUS
SERVE
THE WORLD**



March 16, 2025

**FFMC.ORG OFFICE@FFMC.ORG
(206) 535-2075**

EVENTS

CONNECT WITH FFMC

- Download the FFMC app with this QR code
- Website: ffmc.org
- Newsletter: ffmc.org/newsletter
- Podcast: ffmc.org/podcast
- Blog: ffmc.org/blog
- Facebook/Instagram: [seattleffmc](https://www.facebook.com/seattleffmc)
- YouTube: [@firstfreemethodistchurch206](https://www.youtube.com/@firstfreemethodistchurch206)



Get the app

LENTEN DEVOTIONAL PRAYER

You are encouraged to join us for a time of reading the Lenten lectionary Scriptures and responding in guided prayer every week of Lent. New devotionals will be available on our FFMC app and web site (ffmc.org/Lenten-video) every Wednesday. Let us create a sacred space during each week to journey with Jesus towards the cross.

FIRST FREE KIDS IN WORSHIP

Beginning today, March 16th, elementary-aged children will join their families for the first part of worship. They will be dismissed to go upstairs during the call to action.

The nursery will be open before the service for younger children, and the family viewing room remains available. We look forward to worshipping together as a church family!

ONLINE CONNEXT GROUP

On March 26, at 6 pm, join Pastor Craig along with Glenda & Grant Campos as we explore FFMC's small group ministry called ConneXt. We will survey interest in the group and set the timing for a bi-weekly gathering. Register at ffmc.org/events.

REGISTER FOR FOSTERING HOPE BRUNCH

Sunday, March 30 following worship

Following the service on Sunday, March 30th, you are invited to celebrate and support the work that is happening through our foster ministry, as we hear stories of impact from foster youth, social workers and our Team. Tickets are only \$10 for a delicious brunch in the Fine Center (kids under 10 are free). Register today at www.fosteringhopeseattle.org/brunch.

WEEKLY MINISTRIES

FIRST FREE KIDS

Open Sunday during Worship 10am-11:30am

First Free Kids welcomes children (nursery – 5th grade) to follow Jesus, to love God, and to love people. Please check in at the First Free Kids entrance. For more information about First Free Kids or volunteer inquiries please contact firstfreekids@ffmc.org.

6th-12th GRADE YOUTH GROUP

Wednesdays 6:30-8:30 pm - dinner included!

To find out more about joining youth group or how to support this ministry, check out FFMC.org/youth.

SUNDAY GROUPS

- Abundant Life Young Adult Group - post secondary - early 30s interactive Bible study
- Koinonia - Building community through group discussion and prayer
- Samaritans - Led by guest teachers focused on Bible study, faith, and outreach



All groups meet in the Fine Center following the service. Scan the QR code or navigate to ffmc.org/groups to learn more.

ConneXt GROUPS

ConneXt Groups, consisting of 6-8 people, intentionally grow our discipleship while sharing life together. Find open groups and meeting times using the QR code or ffmc.org/connext.



GIVING

Give securely (Credit Card/Apple Pay/ Google Pay)

- FFMC App
- ffmc.org/give
- Text to give: text [ffmc98119](tel:ffmc98119) to 888.364.4483

Mail checks: 3200 3rd Ave W, Seattle, WA 98119

